



"Finding Solace in the Secret Place: Is Your Busy Life Keeping You from God?"



Read Matthew 6:5-6

Listen to the Message "Finding Solace in the Secret Place: Is Your Busy Life Keeping You from God?" (27th August 2023) at www.elim.family/media

The sermon revolves around the theme of spending time with God in the "secret place," away from distractions and the busyness of life. The main takeaway points are as follows:

In a fast-paced and busy world, we need to slow down and spend time with God. Jesus taught the importance of private, personal prayer away from the eyes of others. This private communication with God is essential for a genuine connection with Him. Whether it was during busy days, before significant events, or even during times of great distress, Jesus consistently made time to be alone with God. This demonstrates the significance of personal communion with God.

Rest in God: Just as physical rest is crucial for well-being, spending time in God's presence provides spiritual and emotional rest. Psalm 91:1-2 illustrates the concept of finding refuge and rest in God's shelter.

Listening to God: We need times of silence before God, allowing Him to speak and communicate. Drawing from Ecclesiastes 5:1, the importance of coming to God's presence with an attitude of attentive listening.

Consistent Relationship: Don't only seek God in times of trouble. We need a consistent relationship where we seek God both in challenging times and in moments of success and happiness. Our aim is to build a deep and intimate connection with God beyond crisis situations.

Questions for reflection:

1. Reflect on your daily routines, responsibilities, and distractions. Are there adjustments you can make to create intentional moments for private prayer and reflection? How might your relationship with God deepen if you were to carve out more time for the secret place?
2. Consider the balance between your public and private spiritual practices. Are there areas where you might be relying more on outward appearances than on the genuine connection you build with God in private? How can you strengthen your faith through meaningful time spent alone with God?
3. Reflect on your motivations for seeking God's presence. Are you drawn to Him only when facing challenges, or do you actively seek His companionship in moments of happiness and contentment? How might your perspective on God and His role in your life shift if you consistently nurtured your relationship with Him?